

CHECK LIST 1

MAKE SURE THAT EVERY ITEM IN THIS CHECKLIST IS BEING FOLLOWED EVERY TIME YOUR KID PRACTICES.

- Violin is resting on the collar bone
- Violin is toward the L shoulder
- No help from the left hand
- LH is placed at the mark
- LH wrist straight at all times
- LH First finger like a box
- LH Fingers right on their marks
- Thumb and Middle finger in front of each other
- RH thumb bent and only tip touching
- Fingers over the stick
- Little Finger on the stick of the bow
- Hand rounded
- Stick of the Bow slightly tilted
- Elbow at the level of the frog
- RH Wrist slightly higher
- Bow passes halfway between the bridge and the fingerboard